


*Modern Plastic Surgery, Lasers, and Skin Care* 703.206.0506

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COSMETIC SURGERY INSTITUTE

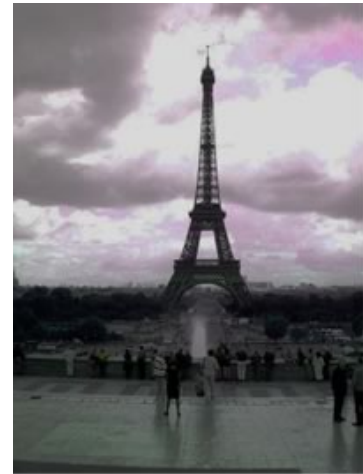
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## Cosmetic Surgery Around The World Self-Image

By George Bitar M.D., Board Certified Plastic Surgeon

All of us are intimately aware of our image. We evaluate our appearance each time we shave, apply makeup, and workout. We're aware of our physical strengths and weaknesses by a look in the mirror or the reaction of friends, family, and strangers. This personal knowledge may bring with it a certain dissatisfaction with how we look. Nearly half of us would like to change some feature about ourselves. Today, plastic surgery brings cosmetic procedures into the realm of possibility for the average person. The purpose of this column is to make information available that may help in the decision process.

Welcome to my column! I have trained with some of the top plastic surgeons in the world. I am dedicated to the advancement in modern plastic surgery, the art and the science. While the reasons for choosing cosmetic surgery are as varied as the individuals themselves, they do share a fundamental link-- people choose cosmetic surgery because it offers a unique opportunity to enhance the way they feel about themselves. In addition, it has been well documented that the effects of a positive self-image can flow into other areas of a person's life resulting in a greater sense of competence and higher self-esteem. To find out if cosmetic surgery is right for you, call my offices at 703.206.0506, for a complimentary initial visit. My offices are located at Prince William Hospital Health Center, Suite #310, 8650 Sudley Rd, Manassas, and at Prosperity Medical Plaza 8501 Arlington Blvd, Suite #500, Fairfax. You can also reach me via email [using our contact form](#).



The word "plastic" comes from the Greek word "plastikos", meaning "to mold or shape."

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