Before You Go to New York for Cosmetic Surgery...

By George Bitar M.D., Board Certified Plastic Surgeon

If you want the best bagel, you go to Zabar's, the best show you go to Broadway, and the best neck lift, you go to New York. So, I did, and I learned how to perform the best neck lift there.

New York is bigger than life. The big apple boasts exclusive boutiques on Madison Avenue with models getting ready for fashion week, and Haute Couture Aficionados shaping up the looks and styles of the next season. Across the river in northern New Jersey is Dr. Giampapa, an upscale cosmetic surgeon. He is sought by New Yorkers for high-end cosmetic surgery, and specifically, neck lifts, for those who do not need, nor want a full facelift, and want shorter surgery with a quicker recovery.

I was invited by Dr. Giampapa to work with him. We co-authored an article for the Aesthetic Surgery Journal on the newest technique in neck lifts making it simpler, less painful, with unnoticeable scars, and a wow of a result! When the neck begins to sag, the result is premature aging that no one likes. Both men and women are suitable for this new neck lift technique because it is flexible and can be adjusted to fit almost all necks that need rejuvenation. This neck lift technique sharpens the neckline and the jaw angle to give a chiseled look, all in about an hour and a half.

New York models and Park Avenue movers and shakers love fuller lips, chin implants, higher cheekbones and wrinkles-be-gone remedies. Dr. Giampapa is an artist. He shared with me his philosophy and minimally invasive techniques in approaching each face with a unique plan that brings out the individual's beauty and highlights their features. He is an expert in liposculpting and facial implants, both powerful tools to combine with a neck lift to give the effect of a full facial rejuvenation in less time, less money, and quicker healing.

As Mr. Sinatra said, "If you can make it there you can make it anywhere, New York, New York". Well, I made it there and now I am in northern Virginia, and I'm making it here. Before you rush to New York for your cosmetic surgery, call our offices; we'll make you happy!