Modern Plastic Surgery, Lasers, and Skin Care

703.206.0506





Days of Beauty

Get <u>20%</u> off of all laser treatments, skin care products and services rendered as well as <u>20%</u> off of Botox®, Dysport®, Restylane®, Perlane® Juvederm®, and Radiesse®

Fairfax Days of Beauty

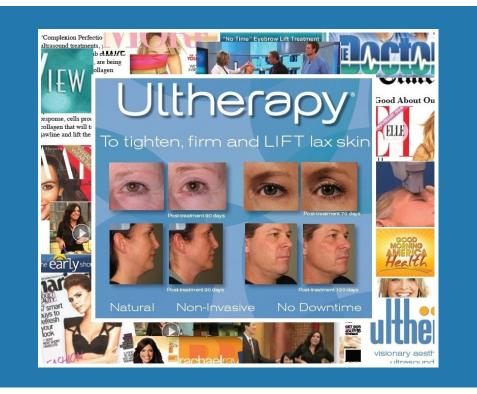
3023 Hamaker Court, Suite 109 September 6, 9am -8pm October 4, 9am-8pm November 1, 9am-8pm December 6, 9am-8pm

Manassas Days of Beauty

8650 Sudley Road, Suite 203 September 20, 9am-8pm October 18, 9am-8pm November 15, 9am–8pm December 20, 9am- 8pm

To book your appointment call us at: **703 206 0506** Or visit our website: www.drbitar.com

Introducing Ultherapy: The Non-Invasive Lift Everyone is Talking About!



What is the Ultrasound Lift (Ultherapy®)?

Ultherapy is a nonsurgical treatment for the face and neck that uses ultrasound technology to lift and tighten loose skin without any downtime. Ultherapy works over time to strengthen the existing collagen layer deep under the skin and starts a process that produces new collagen

Meet Our Expert Injectors



Kate Brill RN, Dr.Bitar, and Pat Bonine RN

Are you looking for a more youthful appearance without the downtime of surgery?

Our expert injectors are here to help you achieve a younger, more rested appearance in just a few minutes!

Call 703 206 0506 to schedule your injectable treatment

Bitar Cosmetic Surgery Institute





Photos courtesy of Ulthera®

Before and After from the Full Face **Ultherapy Treatment**

FAQs: The Ultherapy Treatment

By George Bitar, MD

How is the Ultrasound Lift different from other cosmetic procedures? Ultherapy is the only non-surgical cosmetic procedure that uses ultrasound to target the deep foundation below the skin. This is a completely non invasive procedure and does not involve any cutting of the skin. Ultherapy® is also the only procedure that uses ultrasound imaging, which allows the patient to see the areas of the tissue that are being targeted during the treatment

Am I a good candidate for the Ultrasound Lift?

A good candidate for the Ultrasound Lift is someone who has mild to moderate skin laxity on their face and neck.

The Utrasound Lift is not a substitute for a surgical facelift. However, it provides skin tightening for patients who are not willing to go through surgery. Ultherapy® can also prolong the effect of a surgical facelift for patients who have already gone under the knife.

Does it hurt?

Comfort thresholds vary from one individual to another. There may be some discomfort while the ultrasound energy is being delivered. This is only temporary and a positive signal that the collagen-building process has been initiated. Patients typically leave comfortable and excited about the benefits to come.

How much does it cost?

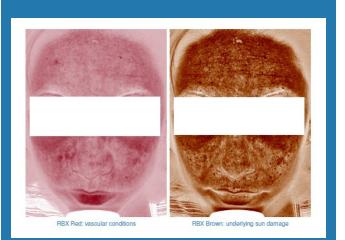
Prices at the Bitar Cosmetic Surgery Institute start from around \$600. Financing options are available.

Call 703 206 0506 to book your complimentary Ultherapy Treatment consultation today!

The Reveal Imager

The Reveal Imager provides specialized views of your complexion which are used to determine the optimum treatment plan for a more youthful appearance. Using this high resolution digital imaging and advanced software, Reveal helps identify the common skin problems that result from age and exposure to different elements.

Call 703-206-0506 to schedule a complimentary consultation with an esthetician



An image with our REVEAL IMAGER

Meet Our New Master Esthetician, Gretchen Alessi

Gretchen is a master esthetician with 15 years experience in the professional beauty business. She has a devotion for fitness and health which has helped her develop a passion for skin care. She has trained in the latest surgical and non-surgical anti-aging techniques in order to teach people about their skin. Furthermore, she has spent years training with educators of top product manufactures. She has done extensive research about skin care ingredients while focusing on all natural ingredients and their beauty benefits. She enjoys educating patients about skin care and provides the highest quality of care.

Gretchen offers a wide range of skin care treatments including chemical peels, IPL, and microdermabrasion.

Call 703 206 0506 to schedule your complimentary skin care consultation with Gretchen today.



Gretchen Alessi Licensed Master Esthetician



Christina Kim License Master Esthetician

Christina is a Master Esthetician with an extensive study of esthetics and medical background. She works closely with Dr. Bitar to provide comprehensive assessments and state-of-the-art treatments with the highest quality of care. Christina offers a wide array of skin care treatments ranging from chemical peels and microdermabrasion to IPL treatments.

Skin Care with Christina By Christina Kim, Licensed Master Esthetician

Fall is the perfect time to start repairing your skin because you have been exposed to the damaging rays of the sun. In addition you could be dehydrated and the appearance of fine lines, wrinkles, and sunspots are usually more noticeable with the change of season. We offer a variety of treatments to accommodate your skincare needs during the changing months.

IPL (intense pulsed light) is highly effective for treating sun-damaged skin, hyper-pigmentation (brown spots) and redness from small broken capillaries.

Chemical peels are another non-invasive way to brighten the appearance by causing the outer skin to fall off revealing fresh new skin. We offer different levels of chemical peels for different levels of sun damaged skin. It can also help smooth uneven skin texture, lighten skin, reduce uneven pigmented skin, control acne and reduce fine lines and wrinkles.

A series of treatments and maintenance are recommended for best results.

Along with the change of seasons comes the change of your skin. Schedule your appointment to start your process of repairing and renewing!

Call 703 206 0506 to schedule your complimentary skin care consultation with Christina today.

Newsletter design: Katie Lynn Planchak Rima Bitar, PhD

Newsletter editor: George Bitar MD, FACS Bitar Cosmetic Surgery Institute 3023 Hamaker Court, Suite 109 Fairfax, VA 22031

> Missed an issue? All our newsletters are now available online www.DrBitar.com/newsletters.php

Interested in learning about our new services? Check out our upcoming newsletters and events

Bitar Cosmetic Surgery Institute

Fall Special

Receive 1 Free Syringe of Filler or 2 Sites of Botox/Dysport with purchase of an Ultherapy Treatment to the Lower Face, Upper Face, or Full Face

Call 703.206.0506 to book your appointment today.

Discount is limited to one per person. Cannot be combined with any other offer. Must purchase by December 31, 2012 3023 Hamaker Court, Suite 109, Fairfax, VA 22031 • 8650 Sudley Road, Suite 203, Manassas, VA 20110 • www.DrBitar.com

Page 4

The information included in this article is not intended as medical advice. Contents may not be reproduced without the consent of Dr. George Bitar, Medical director of Bitar Cosmetic Surgery Institute.