



Happy 10th Anniversary Bitar Institute!!!

Days of Beauty

Get **20% off** of skin care products and services rendered as well as **20% off** of Botox®, Dysport®, Restylane®, Perlane®, Juvederm®, and Radiesse®

Fairfax Days of Beauty

3023 Hamaker Court, Ste 109

April 4, 10am-8pm

May 2, 10am-8pm

June 6, 10am-8pm

Manassas Days of Beauty

8650 Sudley Road, Ste 203

March 21, 10am-8pm

April 18, 10am-8pm

May 16, 10am-8pm

June 20, 10am-8pm

To book your appointment call us at:

703 206 0506

Or visit our website:

www.bitarinstitute.com



Recently we celebrated our 10th anniversary with friends, family, and patients. During our red carpet event, guests enjoyed music from a live string quartet, food, and drink. Thanks to all of you in making our institute a great success!

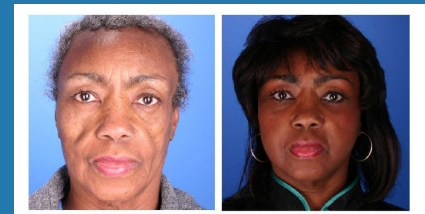
Luminous Lift™

By: Dr. Robert F. Centeno:

Dr. Robert F. Centeno, an accomplished board certified plastic surgeon, joined the Bitar Cosmetic Surgery Institute in 2012. Dr. Centeno brought extensive knowledge and experience in aesthetic surgery, including the Luminous Lift™.

He offers a unique method of restoring volume, correcting sagginess, and adding definition to the face with minimal downtime.

He developed this treatment for patients who do not want the “unnatural, windswept look” that people often associate with facial cosmetic surgery procedures.



Luminous Lift Level B
Actual Patient of Dr. Centeno



Dr. Robert F. Centeno

Facial aging is a combination of changes in skin texture or tone, laxity of the skin, descent of the soft tissues of the face, and loss of facial volume.

Patients can safely and comfortably undergo this procedure in the privacy and convenience of either of our office locations.

There are four different levels of the Luminous Lift™ to address facial aging (A, B, C and D). Each level varies in degree of strength.

Level A- non-invasive facial rejuvenation techniques

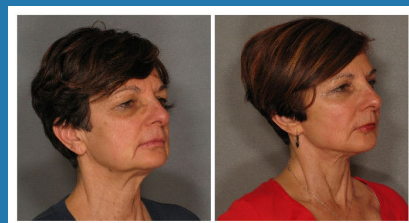
Level B to C - minimally invasive rejuvenation techniques

Level D- moderately invasive techniques

After your complimentary consultation, you and our specialized plastic surgeons will choose from a selection of the latest technologies to meet and achieve your goals!!!



Luminous Lift Level D
Actual Patient of Dr. Centeno



Luminous Lift Level D
Actual Patient of Dr. Centeno

Varicose & Spider Veins Comfortably Treated

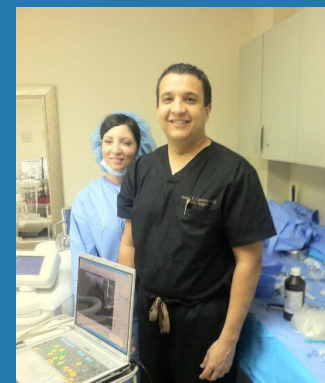
Vein, Vein Go Away...



Today, newer injectables offer virtually painless solutions to spider veins and varicose veins.

Our lasers can now treat varicose veins and venous insufficiency without painful stripping and bruising with the new procedure called endovenous laser treatment (EVLT).

Patients walk into our office, walk out within a short time, and can return to light exercise within a week. Ask us about our new services!



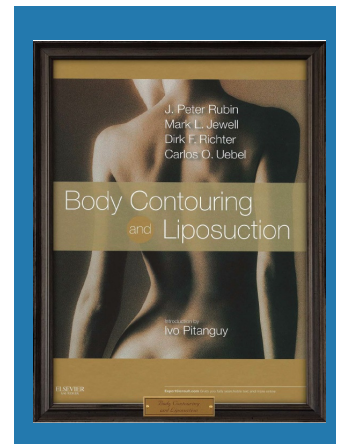
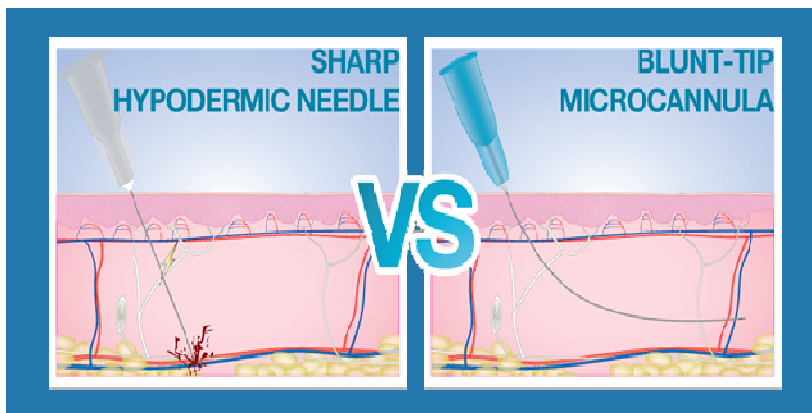
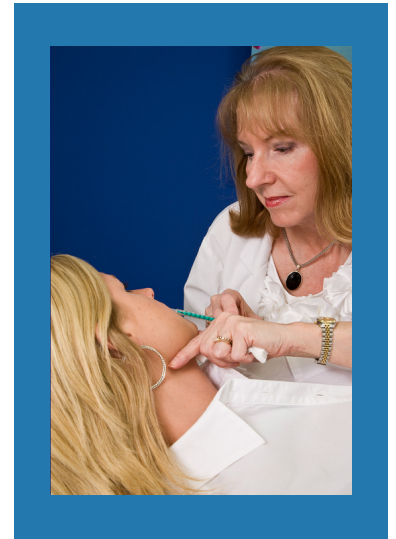
Dr. Centeno and Zineb,
medical assistant, ready to
perform an EVLT

Injectables Without Bruising!

Recent studies have shown that patients experience less pain, swelling and bruising with the use of micro-cannulas compared to the traditional needle.

The new smooth tipped micro-cannula technique differs in several ways compared to the traditional technique.

- Larger areas can be treated with few ports without additional sticks.
- Multiples passes can be safely made in the tissues improving aesthetic results.



Dr. Centeno's chapter about body contouring in this latest Body Contouring & Liposuction Book

Meet Our Licensed Medical Esthetician Dana

By Dana, Licensed Medical Esthetician



Dana Cloud is a licensed Medical Esthetician with over twelve years of experience in the field of traditional and clinical skincare. She is well versed in clinical skincare as well as more invasive treatment modalities including lasers that help patients with more acute skin conditions such as rosacea and acne. She believes that by combining prescription strength skincare and laser treatments together patients will see significant improvement in their skin. Dana is passionate about her work as an Esthetician at Bitar Cosmetic Surgery Institute and enjoys helping patients with their skin care needs.

Call 703 206 0506 or email danacloud@bitarinstitute.com to schedule your complimentary skin care consultation with Dana.

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Missed an issue?

All our newsletters are now available online
www.bitarinstitute.com/newsletters/

Interested in learning about our new services?
Check out our upcoming 2013 issues



Bitar Cosmetic
Surgery Institute

Spring Special

Book your Endovenous Laser Treatment and
Receive 2 Complimentary Sclerotherapy Sessions
(a \$700 value)

Call 703.206.0506 to book your appointment today.

Special is limited to one per person. Cannot be combined with any other offer. Endovenous Laser treatment must be booked by June 30th, 2013.

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