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To book your appointment
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Or visit our website at:

www.DrBitar.com

Our Top Ten In-Office Procedures

Considering plastic surgery but concerned about going under general anesthesia in a hospital setting? Think again.

Due to heavy national and international patients' request, the Bitar Cosmetic Surgery Institute is offering a wide array of surgeries which can be safely performed under local anesthesia, in an office setting and with minimal downtime. Here is our top ten:

1- LASER TIGHT

By far our most demanded in office procedure: Perfect for removing these little bulges of fat (up to 7 lbs per session). Tightens the skin too!
Downtime: 1-7 days.

2- UPPER AND LOWER EYELID LIFTS

Instantly refreshes your look.
Downtime: 1-6 days.

3- LIQUID LASER LIFTS

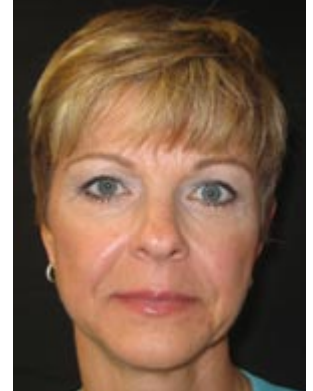
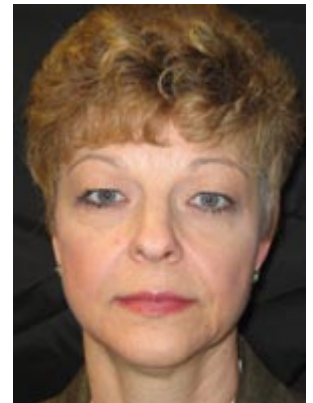
Fillers, Dysport or Botox plus Fractional CO2 laser facial resurfacing
Downtime: 1-4 days

4- GYNECOMASTIA (male breast reduction)

Downtime: 1-4 days

5- SIX PACK ABDOMINAL LASER LIPOSUCTION

Downtime: 3 days



Before and after lower and upper eyelid lifts

6-TORN EARLOBE REPAIR

Downtime: None

7-LABIAPLASTY

Downtime: 3-6 days

8-SCAR REVISION

Downtime: none

9-HAND REJUVENATION

Downtime: none

10-MOLE REMOVAL

Downtime: none



A 65 year old lady before and after a liquid facelift (without laser resurfacing)



Silicone Implants on the Rise

By Priscilla Patel MSII, Summer Intern

Summer is here and breast augmentations are among our most popular procedures!

In 2006, the FDA approved the use of cohesive gel silicone breast implants (also known as the “gummy bear” implants for breast augmentation).

Many patients who walk into our offices are confused by how these implants differ from the older silicone implants which have been banned since 1992. Dr. Bitar will meet with you, and you will decide together whether saline or the new silicone implants are best for you. Here are some pros and cons to make your decision easier:

Pros of “Gummy bear” implants vs. old silicone implants:

- Less risk of rupturing and leaking
- A more similar texture to natural breast tissue
- Lower risk of capsular contracture, inflammation and hardening of scar tissue that may create pain and a breast hardening

Cons of “gummy bear” implants vs. saline implants:

- Cost: More expensive than saline implants
- Bi-annual MRIs to detect potential leaks
- Larger incision size than with saline implants

The Skinny on Male Breast Surgery

Cosmetic surgery has reached a feverish pitch among men! If you think plastic surgery is only for women, think again: at the Bitar Cosmetic Surgery Institute, about 25% of our patients are men. So it’s no surprise then that men are now openly embracing a procedure that allows them to combat enlarged breasts with very little pain or downtime!

When a male patient comes in to our offices complaining of enlarged breasts, we start with an initial consultation to determine whether he is a good candidate for the surgery. Dr. Bitar will then determine the severity of the gynecomastia as either:

1. Minimal gynecomastia, which is primarily the result of excess breast tissue and can be treated with excising it under local anesthesia.
2. Moderate gynecomastia, which results from moderate excess fat and breast tissue and is treated with both liposuction and excess breast tissue removal either in the office or in the hospital.
3. Severe gynecomastia, which results from excess breast tissue, fat, as well as excess skin after weight loss and is treated with liposuction, excess breast tissue removal as well as excess skin removal in the hospital.

Following surgery, each patient will be seen by Dr. Bitar several times to ensure optimal results have been achieved and to address any concerns the patient may have.



Before and after photos of a patient who had undergone gynecomastia



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www.DrBitar.com/newsletters.php

Interested in learning about our new services?

Check out our upcoming fall issue

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