



Living the Life You Were Meant to Live

A 21st Century Message from Dr. George Bitar

Now more than ever, we live in a society where we are constantly combating the stresses of everyday life that run the gamut from weight gain, fast food, and paucity of exercise to pollutants filling the air and a stressful workplace. The day-in and day-out pressures and frustrations on the home and professional fronts has become a high wire balancing act ultimately taking its toll on the mind, body and soul. It has become an age of "survival of the fittest" and having a master plan to successfully live and keep up in an ever-changing and ever-challenging environment.

So what is the solution? As a comfort zone and safe haven to restore and rejuvenate, the Bitar Cosmetic Surgery Institute offers a comprehensive wellness program. We call it our "21st Century Wellness Philosophy" – an approach to achieving the ultimate in well being. Surgical and non-surgical solutions for health and beauty can provide the answers to achieving a better and more fulfilling lifestyle.

We have diversified and expanded our services. We have assembled a team of cosmetic, beauty and fitness experts at our Manassas, Fairfax and Vienna, Virginia locations to include modern day comforts and rejuvenation procedures that will transform you from the inside out:

We offer the latest exclusive DNA-based anti-aging medicine called Suracell, which is individualized according to your DNA make-up and unique health needs. We also offer programs to include fitness and nutrition counseling; teeth whitening and cosmetic dentistry; life coaching; beauty imaging and hair styling. People seeking non-surgical facial enhancement find injectables such as Botox and Restylane very appealing. Laser technology has advanced and non-ablative lasers and skin tightening procedures including Thermage and Fraxel offer rejuvenation with minimal down-time. If cosmetic surgery is your goal, we also offer you a comprehensive list of safe and clinically proven cosmetic procedures.

So open your mind to a new way of thinking and living in the 21st Century. Come visit us at the Bitar Cosmetic Surgery Institute. We will be attentive to each one of your needs and set you on a new path to personal well being. It's time to start living the life you were meant to live.



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image • beauty • transformation