

BRATS, BACON JAM &
**A NEW WAVE OF
BREWERIES**

**TOP PLASTIC
SURGEONS +**
Trending Procedures

Art Theft & Family Feud,
A WHO DONE IT

**SPOT-ON
SPRING STYLES**
FROM LOCAL BOUTIQUES

Northern Virginia

**STRAWBERRY
FESTIVAL**



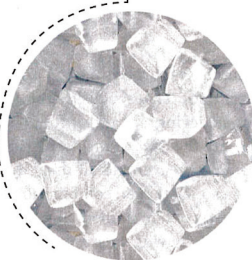
George J. Bitar, M.D.

**"I DO
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—George Bitar, M.D.

Dr. George Bitar, M.D., medical director of the Bitar Cosmetic Surgery Institute in Fairfax, sees a fair amount of male customers for laser liposuction, too; anywhere from four to ten males patients per week for consultations, depending on the season. "I do definition sculpting for men for their chests and six-pack abs and we get amazing results," he says.

COOLSCULPTING® Another technique for targeted fat removal, CoolSculpting works by freezing, crystalizing and eventually eliminating unwanted fat in trouble spots such as the upper arms, lower abdomen, the inner thigh and bra bulges. With CoolSculpting, there's no downtime and minimal bruising. "People can return to their normal activities shortly thereafter," says Bitar. "We tell people it takes three to six months to see the final result, but the results are remarkable."



IT SEEMS AS IF EVERY YEAR the movies or in the latest glossy est "body type," from voluptuous slight and everything in-between chaos. Take the trends too literally go wrong. Need proof? Just Google

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